

# PubMed で検索した小柴胡湯に関する論文と傷寒論記載の比較検討

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## Comparison with the study reports searched in PubMed and the description in Sho-Kan-Ron about Sho-saiko-to

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### Abstract

To use of the Sho-Kan-Ron as the resource of the kampo-therapy, we compared the package inserts and study reports of kampo-medicines with the description about that in the Sho-Kan-Ron. Efficacy in package insert of 32 kampo-medicines, which were used in our hospital, were collated with each sentence correspond to the Sho-Kan-Ron. Then, we searched the studies according to these kampo-medicines using PubMed. For the most frequently cited medicine, Sho-saiko-to (n=187), 82 reports that mentioned the clinical effect, pharmacological action, or side effect of Sho-saiko-to were compared with the corresponding descriptions in the Sho-Kan-Ron. In comparison with the package insert and the Sho-Kan-Ron for the efficacy, there was 94% equivalent. And in comparison with reports about Sho-saiko-to and Sho-Kan-Ron, it is suggested that some descriptions at the Sho-Kan-Ron can interpret with the present medical terms. For the instance, “Han-pyuo Han-ri”, “Kiketsu” and “Ketsu” may correspond to “the part at liver in abdomen”, “immune activity” and “inflammation”, respectively. Also, it was indicated that Sho-saiko-to had no effect for the patient with liver inflammation in some cases. Furthermore, it was suggested that Sho-saiko-to caused serious side effects such as interstitial pneumonitis. In conclusion, it was shown that the Sho-Kan-Ron would be useful for the resource of the kampo-therapy.

**Key words:** kampo-medicine, herbal-medicine, sho-kan-ron, sho-saiko-to, hepatic disorder